

# KARNATAKA SWIMMING ASSOCIATION (R)

AFFILIATED TO : SWIMMING FEDERATION OF INDIA, KARNATAKA OLYMPIC ASSOCIATION & SPORTS AUTHORITY OF KARNATAKA

Sri Kanteerava Stadium Complex, Kasturba Road, Bangalore - 560 001
Fax: 91 - 80 - 23351542, E-mail: karnatakaswimming@gmail.com, Web: www.karnatakaswimming.com

### President:

Neelakanta Rao R. Jagdale Phone: 080 - 2667 3817 Ref: KSA/SERDF/ASCA/02/A2015-16

Date: 07.12.2015

To,

## Vice Presidents:

Gopal B. Hosur Mob: 98809 75000

T.D. Vijayaraghavan Mob: 98454 79780

Ms. Deepa Sridhar Phone: 080 - 2676 3381

### Hon. Secretary:

S.R. Sindia

Mob: 98801 35178

#### Hon. Treasurer:

P.R. Jayatheertha Rao Phone: 080 -2676 5001

### Joint Secretaries:

Rakshit N. Jagdale Mob: 98451 99078

M. Satish Kumar Mob: 99720 92047

# Sub: ASCA Level I and Level II Certification Course.

We are pleased to inform you that our Association will be conducting ASCA level I & II Courses from 24<sup>th</sup> to 28<sup>th</sup> Febraury 2016 under the auspices of Swimming Federation of India & in association with Search Foundation. The courses will be held at Basavanagudi Swimming Pool, Pampamahakavi Road, Basavanagudi, Bangalore -56004.

Level I course will be held on 23<sup>rd</sup> and 24<sup>th</sup> Feb 2016 and Level II will be conducted from 25<sup>th</sup> to 27<sup>th</sup> Feb 2016.

The Course Fees is as follows:

Level I - Rs. 5500/- (without lodging),

Rs. 6500/- (with lodging)

Level II - Rs. 6500/- (without lodging),

Rs. 8000/- (with lodging)

The above course fee includes Course material, Classroom arrangements, Lunch and Refreshments, faculty fees and ASCA Registration for 3 years.

Course fees to be sent by DD in favour of SWIMMING EDUCATION RESEARCH & DEVELOPMENT FOUNDATION, payable at Bangalore along with your registration.

You are requested to bring your swimming costumes and towels for the pool sessions of stroke techniques during the course.

The last date of registration for the course is on 15<sup>th</sup> Feb 2016.

We request you to kindly send all your coaches from your club/centre/association/institution to take up the course and get the benefit of the latest knowledge from ASCA.

Thanking you,

Yours faithfully,

For Karnataka Swimming Association.

(T.D.VIJAYARAGHAVAN)

Vice President



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M. Satish Kumar Mob: 99720 92047 Ref: KSA/SERDF/ASCA/03/A2015-16

To,

Date: 07.12.2015.

Sub: ASCA Level III course.

We are pleased to inform you that ASCA level III course will be conducting at Bangalore from 29<sup>th</sup> February to 2<sup>nd</sup> March 2016 under the auspices of Swimming Federation of India & in association with Search Foundation.

This is an advanced course covering Physiology, Training methods for Juniors & Senior swimmers and Leadership which will be very useful for all coaches. This course will be conducted by Mr. Duffy Dillon International Director ASCA, USA who has rich experience in conducting such courses all over the world.

The course fees will be Rs 23,000/- without Accommodation & Rs 25,000/- with Accommodation(shared). The course fees includes faculty fees, course material, class room arrangements, lunch, refreshments & ASCA Registration for 3 years and other expenses.

As the number of seats are limited you are requested to advise your coaches to send the Registration fees at the earliest as the registration is based on "FIRST COME FIRST SERVED" basis. It is also a great opportunity to all the coaches to interact with the expert and learn more. Registration will be opened from 1<sup>st</sup> January 2016 to 10<sup>th</sup> February 2016.

We advise your coaches not to wait till the last date of the Registration as it was experienced in the last course that many coaches could not be accommodated because of not registering their name in advance.

The course fees mentioned as above to be sent by D.D. in favour of Swimming Education Research & Development Foundation payable at Bangalore.

The venue of the course will be intimated to you shortly.

Thanking You,

Yours faithfully

For Karnataka Swimming Association

T.D.VIJAYARAGHAVAN

(Vice President)

D.D. to be sent to the following address: Swimming Education Research & Development Foundation (N.R. Jagdale Group) #41/1, 72<sup>nd</sup> Cross, 6<sup>th</sup> Block, Rajajinagar, Bangalore -56010.